

Summer Homework – BTEC Sport

Read - <https://www.bbc.co.uk/news/uk-scotland-44053387>

With decreasing levels of physical activity within schoolchildren fitness experts have said, “British pupils are entering a state of digital dependence which would shorten lives, with sedentary lifestyles becoming the norm long before children reached adolescence”

www.telegraph.co.uk/news/2017/03/14/children-become-less-active-age-just-seven-major-study-finds/

Explain reasons why school children have reduced levels of physical activity (aim to cover at least 4 reasons)	Suggest four strategies to increase activity levels in school children (Suggest means that you need to justify how they would work)

Design a Poster to promote an after school club for year 6 pupils aimed at increasing participation in physical activity – show reasons why they should exercise

Reducing Levels of Funding in Sport

Watch - <https://www.bbc.co.uk/sport/av/40433745>

Read - <https://www.independent.co.uk/sport/olympics/olympics-paralympics-heroes->

You have been made the head of Sports Development on the newly discovered Island of Sportopia. There is infrastructure for sport and therefore it is your role to design how sport will be developed. Sportopia is made up from three counties, each with differing terrains and weather patterns. It is your responsibility to spend the national sport and activity budget of £800,000,000



Task 1

Create a table that shows how and where you will allocate the money across the three counties. Consider aspects like:

- What you will need for sport to occur
- Which activities/sports will be needed
- Where they will occur
- How you will facilitate leagues/opportunities

Also consider any other aspect that you feel is important as this list is only the start.

Task 2

Explain what you feel are the biggest issues a government faces when providing sports facilities that cater for the whole range of population. (explain means that you need to give reasons and say how/why)

Task 3

Evaluate the plans that you have made for Sportopia by considering to extent to which you took into account inactivity and obesity increasing in society. (evaluate means to look at the strengths and weaknesses)

Task 4

Provide recommendations to improve your plans for Sportopia so that all of society can equally benefit.