

In order to succeed at A Level you need to have the right learning behaviours. At Solihull Sixth Form College we use the VESPA Mindset system to help students develop & maintain these behaviours. Your summer work for A Level Biology is designed to prepare you for this.

Task 1: Vision

Write a paragraph introducing yourself and your goals to your A Level biology teacher. Make sure you include:

- Why you want to study A Level Biology
- What biology topics you find the most interesting
- What biology topics you find hard
- How do you learn best
- What you want to be doing in 6 years' time

Task 2: Effort

Biological Molecules

This will be preparation for the first week's lessons. You must produce a poster or a set of notes (with diagrams) showing the structure of various biological molecules. Answer the following questions in your poster or notes.

- 1) What is a **polymer** and **monomer**?
- 2) What is a condensation reaction and a hydrolysis reaction?
- 3) Draw out the structure of the following molecules:
 - a. Alpha glucose & beta glucose
 - b. Triglyceride & phospholipid
 - c. Amino acid
 - d. DNA & RNA Nucleotides

Task 3: Systems

Make sure you have all the correct equipment you need for your lessons:

- Pen and A4 paper (not in a spiral bound book)
 - Scientific calculator
 - 30 cm ruler
 - Sharp pencil
 - Pencil eraser
- Ring binder & dividers to keep all your notes, handouts, homework and assessment in
- A diary to keep a record of key dates

Task 4: Practice

Extended work on a topic of your choice

This piece of work must come from one of the following areas of Biology:

- Health & disease
- Genetics
- Cells
- Ecology

When you have done your research you need to present this in the most **creative** way you can. For example you may wish to do a **model**, **poster or PowerPoint**. Try and be **as imaginative and creative** as possible but still have the science.

It should be the equivalent to 2 sides of A4 writing (as if you were completing an essay) Below are some ideas of what you might want to research.

Торіс	Areas of study
Health & Disease	HIV & AIDS
	Diseases of the lungs
	How do the different COVID-19 Vaccines work?
Genetics	Mitosis & Meiosis
	How do DNA mutations affect proteins?
	How natural selection leads to evolution
Cells	Prokaryote & Eukaryote Structures
	The Ultrastructure of a cell
	Light vs Electron Microscopes
Ecology	The importance of biodiversity
	What is a species?
	The environmental issues concerning fertilizers

• Any A Level textbook or website will help you.

Task 5: Attitude

Over the summer keep yourself up to date with current biological research and read around the subject. Keep a record of what you have read/listened to so you can refer to it in the future e.g. university applications and job interviews.

• Wider Reading:

- The Immortal Life of Henrietta Lacks by Rebecca Skloot
- o Frankenstein's Cat by Emily Anthers
- How To Make a Zombie by Frank Swain
- The Vital Question: Why is life the way it is? by Nick Lane
- o Tamed: Ten Species that Changed our World by Alice Roberts
- Junk DNA: A Journey Through the Dark Matter of the Genome by Nessa Carey
- Life on the Edge: The Coming of Age of Quantum Biology by Jim Al-Khalili & Johnjoe McFadden
- Other Minds: The Octopus and the Evolution of Intelligent Life by Peter Godfrey-Smith

• Science News:

- o newscientist.com
- o nature.com
- o bbc.co.uk/news/science_and_environment
- o sciencedaily.com

Radio/Podcasts

- Inside Science: bbc.co.uk/programmes/b036f7w2
- Infinite Monkey Cage: bc.co.uk/programmes/b00snr0w
- Museum of Curiosity: bbc.co.uk/programmes/b00k3wvk
- o The Natural Selection: naturalselectionpodcast.weebly.com
- Radiolab: wnycstudios.org/shows/radiolab
- o Ted Talks Science and Medicine podcasts.com/tedtalks-science-and-medicine

Make sure you bring your completed tasks to your first Biology lesson in September.