

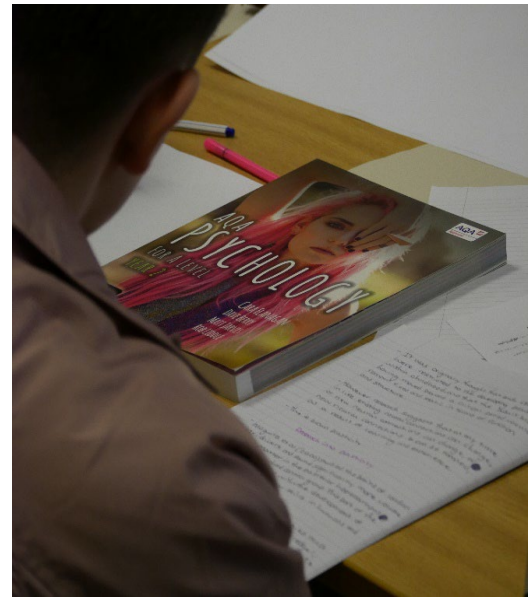
# Psychology

Psychology is the study of the mind and behaviour. In the first year of the course, we explore different ways that psychologists have done this. We look at the influences of groups and individuals on our behaviour, we explore mental illnesses like depression and phobia, and discuss the ways in which psychologists investigate human behaviour through the methods of research they use.

A great way to prepare for the course, is through wider reading and research. Take a look at:

- **Simply Psychology**
- **Tutor 2 U** - <https://www.tutor2u.net/psychology>
- **All about psychology.com**

This will give you a comprehensive guide to the wonderful world of Psychology



The first topic that you will study in A level Psychology is **Social Influence.**

Use the Simply Psychology website to investigate the following pieces of research

- Zimbardo's Stanford prison study
- Milgram's obedience to authority study
- You could also watch the original studies on YouTube