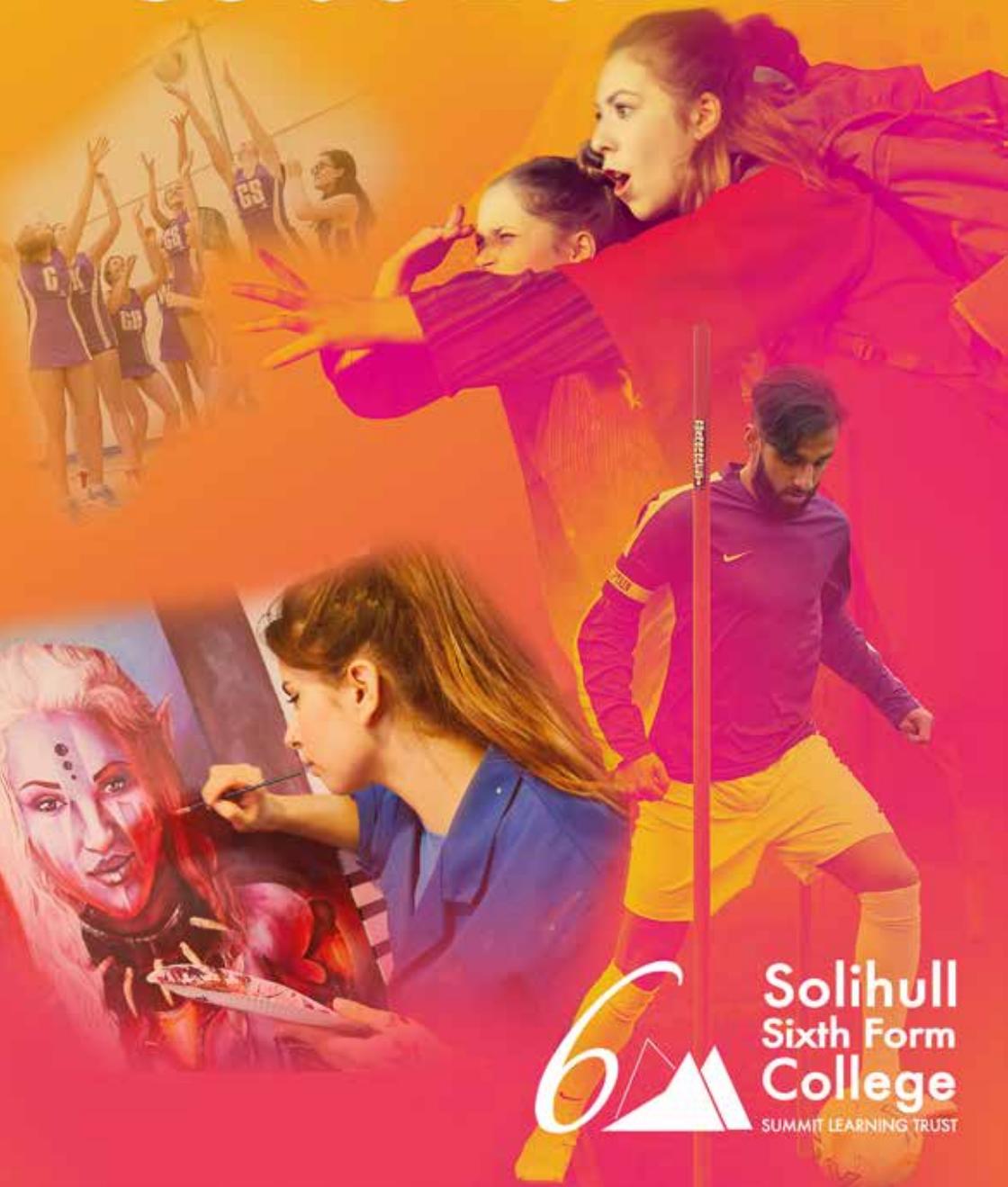


Enrichment Guide 2021-22



**Solihull
Sixth Form
College**

SUMMIT LEARNING TRUST

Enrichment at Solihull Sixth Form College

Solihull Sixth Form College offers more than just your academic studies. Our enrichments not only give you chance to do something completely different but also help you broaden your skills, knowledge and experience giving you the edge when applying for higher education courses, apprenticeships or employment.

Our programme is designed to enrich your studies with options suited to your interests and aspirations, whilst helping you get the most out of your time with us. We have created a dedicated enrichment slot on the timetable to allow you participate in the programme.

With over 30 options to choose from, our range of opportunities will help you:

- **Connect with others** – enrichments area great way to make new friends
- **Be physically active** – great for your mental health as well as physical health
- **Learn new skills** – give you the confidence to try new things and achieve
- **Give to others** – acts of kindness and giving to others to give you a sense of purpose and feel good!
- **Be mindful** – enjoy what is happening right now

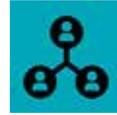
The programme includes enrichments where you can meet students who share the same interests as you, deepen your subject knowledge, explore your interest in an area unrelated to your academic studies, achieve another qualification, participate in sport, develop a range of new skills and have fun!

You can find out more about our fantastic range of enrichments in this guide.

Enrichment Options

All our enrichment options fit into one or more themes, giving you an idea about what to expect. Each theme is represented by an icon, as follows:

Enrichments that help you connect with other people



Enrichments that help you to be physically active



Enrichments that help you learn new skills



Enrichments that help you pay attention to the present moment (mindfulness)



Enrichments that allow you to give to others



All our enrichment options are listed on the next page, showing which of these five themes apply to each. You will also find these icons throughout this guide to remind you of the nature of each enrichment option.

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37	Visual Arts Academy	✓		✓	✓	
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Signing Up

You will need to sign up for some enrichments at enrolment and others when they are advertised. As many of enrichments run at the same time, you may not be able to choose more than one. The following enrichment summaries detail when you need to sign up and whether you can do another enrichment alongside the one you have chosen.

ABRSM Music Theory



Enrichment Overview

This enrichment is part of the A level Music course and offers additional classes to prepare students for Grade 5 theory and beyond. This is mandatory for A level students who have not received their grade 5 theory certificate.

Why choose this enrichment?

This is a necessary part of the A level course, as well as for those wishing to study for their higher performance grade exams.

How long will the enrichment last?

September - April.

How much time a week will it involve?

One lesson.

What will it cost?

No cost.

Who can sign up?

A level students only.

How do I sign up?

Sign up at enrolment. It is not possible to do another enrichment alongside this.



Basketball Performance Academy with City of Birmingham Rockets



Enrichment Overview

The Basketball Academy is a high-performance squad playing in National Level competition. Training takes place within the College timetable and in sessions after the college day has finished. The Academy team is coached and by very experienced staff from the City of Birmingham Rockets, who provide opportunities for students to train and play within their U18 structure outside of the college system. Fixtures are played in the ABL and take place on Wednesday afternoons.

Why choose this enrichment?

This enrichment gives you the opportunity to develop yourself physically, socially and emotionally. You will develop your teamwork and communication skills along with the organisation needed to balance training, game preparation and academic work.



How long will the enrichment last?

The commitment to the Basketball Academy is for the full year as training for this enrichment continues into the summer term.

How much time a week will it involve?

The commitment is for a minimum of 14 hours per week which is a mixture of training and game time.

What will it cost?

There are no costs to participate, however there may be options to purchase teamwear within the year.

Who can sign up?

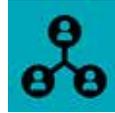
The Basketball Academy is aimed at those with previous experience of playing within an organised league and club environment. However, those students demonstrating the potential to develop to the levels required within the trials will be offered a place within the training squad. The Academy is a male performance sport; however females can attend sessions within the Sport for Leisure enrichment programme which are led by Birmingham Rockets Coaches.

How do I sign up?

Trials take place following enrolment and attendance is compulsory for those students wishing to be selected. It is not possible to do another enrichment alongside this.

Beginners Spanish

New for 2021/22



Enrichment Overview

This is a beginner Spanish course which will develop conversational skills. If you take holidays to Spain or are considering working in Spain in the future this course will give you some of the skills needed to get you started. It is a fun course, and you will have the opportunity to use the language lab.

Why choose this enrichment?

A fun, relaxing session. It will develop new skills, which are great to put on a university or job application form. Guaranteed to impress your friends and family when in Spain!!

How long will the enrichment last?

Full year.

How much time a week will it involve?

One lesson.

What will it cost?

No cost. There may be opportunities for trips and visits. Students will need to cover travel costs.

Who can sign up?

Anyone.

How do I sign up?

At enrolment. It is not possible to do another enrichment alongside this.



Choir



Enrichment Overview

A vocal group for anyone who is part of the Solihull Sixth Form community wishing to sing together. It will be mainly 20/21st century music. This will be a harmony group, so it is important we have all voices represented. We perform at both the Christmas and Easter concerts.

Why choose this enrichment?

Singing together is good for the body and mind. It's a great hobby that you can carry on throughout your life.

How long will the enrichment last?

September - April.

How much time a week will it involve?

One lesson.

What will it cost?

No cost.

Who can sign up?

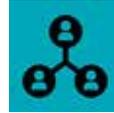
Open to anyone who is part of the College.

How do I sign up?

At enrolment. It is not possible to do another enrichment alongside this.



Core Maths

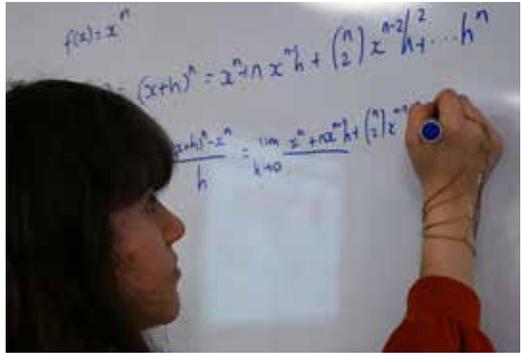


Enrichment Overview

Core Maths is a Level 3 qualification designed to prepare students for the mathematical demands of study, work and life. The course has compulsory content in the areas of data, personal finance, estimation and critical analysis. This content is aimed at building students to be confident with mathematical ideas and approaches in their professional and academic life.

Why choose this enrichment?

The course has been designed to include mathematics content that closely aligns with other subjects, most notably A level Psychology, Sociology, Biology, Chemistry, Geography, Geology, Business Studies, Accounting and Economics. Students enrolling on BTEC Applied Science will also find the skills learned highly applicable to supporting their course. It would also be useful for students wishing to pursue careers in teaching or healthcare (such as nursing). The qualification is equivalent to an AS level in terms of UCAS points.



Core Maths lessons are enjoyable and interesting. I always looked forward to Core Maths lessons. The teacher is super friendly, nice, funny and always helps me whenever I needed extra support.

Student Avani Sienna Kaur

How long will the enrichment last?

One year, over the course of year 12. In May and June there are two external 90-minute assessment papers.

How much time a week will it involve?

3 lessons per week totalling 4.5 hours. Intervention sessions may extend this to 5 hours each week. Students will also need to complete homework and independent study.

What will it cost?

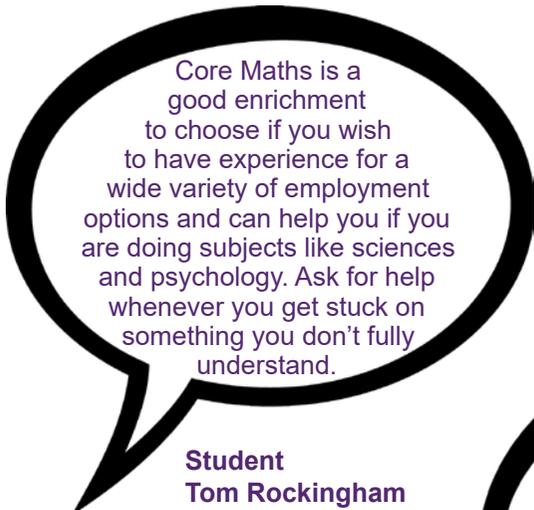
Students will need to purchase a scientific calculator (details at enrolment).

Who can sign up?

Interested students should have achieved a grade 5 or above at GCSE Mathematics and must not be studying A level Mathematics or A level Statistics as one of their 3 (or 4) A level choices.

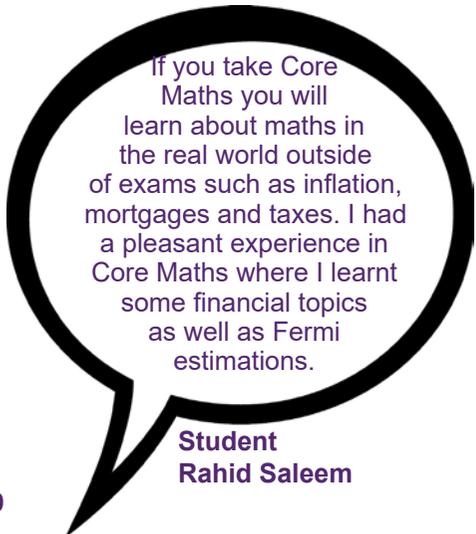
How do I sign up?

At enrolment, you can sign up to another enrichment alongside Core Maths.



Core Maths is a good enrichment to choose if you wish to have experience for a wide variety of employment options and can help you if you are doing subjects like sciences and psychology. Ask for help whenever you get stuck on something you don't fully understand.

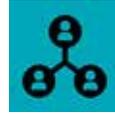
**Student
Tom Rockingham**



If you take Core Maths you will learn about maths in the real world outside of exams such as inflation, mortgages and taxes. I had a pleasant experience in Core Maths where I learnt some financial topics as well as Fermi estimations.

**Student
Rahid Saleem**

Creative Writing



Enrichment Overview

This enrichment offers a workshop-style approach to improving and exercising your creative writing talents.

Why choose this enrichment?

This course is for fun and to allow you to indulge your creativity and develop your writing skills in a supportive group environment.

How long will the enrichment last?

September to Easter.

How much time a week will it involve?

One lesson.

What will it cost?

No cost.

Who can sign up?

Any student, whatever your programme of study.

How do I sign up?

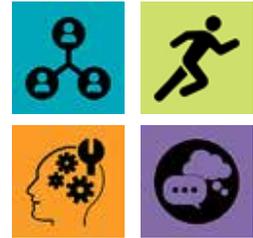
At enrolment. It is not possible to do another enrichment alongside this.



Cricket

Enrichment Overview

The Cricket team is a summer activity which provides the opportunity for students to play within an organised College T20 league.



Why choose this enrichment?

This enrichment gives you the opportunity to develop yourself physically, socially and emotionally. You will develop your teamwork and communication skills along with the organisation needed to balance training, game preparation and academic work.

How long will the enrichment last?

The enrichment takes place within the summer term, although there is a yearly indoor competition in November.

How much time a week will it involve?

The commitment is for 5 hours per week which is a mixture of training and game time.

What will it cost?

There are no costs to participate, however there may be options to purchase Teamwear within the year.

Who can sign up?

The Cricket team is aimed at female and male players with previous experience of playing within an organised league and club environment. However, those students demonstrating the potential to develop to the levels required within the trials will be offered a place within the training squad.

How do I sign up?

Trials take place following enrolment and attendance is compulsory for those students wishing to be selected. You can join an autumn/spring sport alongside cricket.



CSI (Crime Scene Investigation) Solihull - *New for 2021/22*



Enrichment Overview

Have you ever wondered what it would be like to understand why someone commits a crime or how to solve crimes using blood spatter or finger-print evidence? Welcome to the world of criminology. This enrichment activity is open to students who are interested in finding out about the exciting work surrounding criminology. Students will benefit from academic knowledge and some vocational practice involved in criminology such as policing, forensics and crime.

Why choose this enrichment?

If you would like to find out more about criminology or are considering this for your career progression, this enrichment will give an enjoyable and exciting opportunity to investigate the world of criminology.

How long will the enrichment last?

Termly.

How much time a week will it involve?

One lesson.

What will it cost?

There may be possible costs for local travel and events.

Who can sign up?

This course is for students studying any subject discipline who has an interest in finding out about criminology or is planning a future career in this area.

How do I sign up?

You can apply to join this course at enrolment. It is not possible to do another enrichment alongside this.



English Academy



Enrichment Overview

This enrichment is open to all students of A level English Language or A level English Literature. Students participate in seminars on a range of literature and language topics with members of the English Department and academics from several universities, attend a Royal Shakespeare Company production if possible, and study for an Extended Project Qualification.

Why choose this enrichment?

This enrichment offers students the opportunity to broaden their knowledge of English beyond the A level curriculum. The topics covered by the seminar programme in 2020-21 included Anglo-Saxon and medieval literature, Shakespeare's contemporaries, American literature, nineteenth-century novels, forensic linguistics and the literature of surveillance. It also offers students the opportunity to study for an Extended Project Qualification supervised by a member of the English Department.



How long will the enrichment last?

All of Year 12.

How much time a week will it involve?

One lesson.

What will it cost?

If students attend a Royal Shakespeare Company production, approximately £25 towards the cost of transport and tickets.

Who can sign up?

Any student of A level English Language or A level English Literature.

How do I sign up?

At enrolment. It is not possible to do another enrichment alongside this.

Extended Project Qualification (EPQ)



Enrichment Overview

The EPQ is a piece of independent work of a student's choice, which can either be an artefact or an extended piece of academic writing. The focus is on research and planning skills leading to a final piece. There are a number of specialist routes available including through one of the subject academies. Students are encouraged to be creative and innovative. The work completed cannot duplicate any work completed for another subject but it can be related to it. The EPQ is assessed at A level standard and as such an A* is achievable. Examples of recent projects include making a music video, writing a short story, creating a dance performance, producing an animation, creating a webpage, designing a business. The possibilities are endless!

Why choose this enrichment?

The EPQ was created in conjunction with universities to help students develop the skills necessary for independent study at uni. EPQ students tend to develop excellent organisation skills and get a better understanding of how to manage and complete their own workload. This is not only useful for university and future employment, but also for A levels and BTEC studies.



It is an excellent qualification to talk about in the personal statement for UCAS and may also lead to a reduced offer for university places.

How long will the enrichment last?

September – completed in Year 12

How much time a week will it involve?

One lesson.

What will it cost?

No cost.

Who can sign up?

All students.

How do I sign up?

At enrolment. You can sign up for another enrichment activity alongside the EPQ.

Football

Enrichment Overview

Football is an outdoor activity which provides the opportunity for students to play within an organised College football league and train on a weekly basis.

Why choose this enrichment?

This enrichment gives you the opportunity to develop yourself physically, socially and emotionally. You will develop your teamwork and communication skills along with the organisation needed to balance training, game preparation and academic work.

How long will the enrichment last?

The enrichment takes place between August and May with league fixtures starting in September.

How much time a week will it involve?

Mens Football team - The commitment is for 5+ hours per week which is a mixture of training and game time.

Womens Football team - The commitment is 1 training session per week with an additional 3+ hours on game weeks.

What will it cost?

There are no costs to participate, however there may be options to purchase Teamwear within the year.

Who can sign up?

The Football team is aimed at those with previous experience of playing within an organised league and club environment. However, those students demonstrating the potential to develop to the levels required within the trials will be offered a place within the training squad. Football is open to all, with training and games taking place under the appropriate governing body guidelines.

How do I sign up?

Trials take place following enrolment and attendance is compulsory for those students wishing to be selected. It is not possible to do another enrichment alongside this.



Health Ambassadors



Enrichment Overview

Students are invited to join the Health Ambassadors scheme to increase awareness of health issues and engage with health promotion projects to enrich experience and voluntary work.

Why choose this enrichment?

If you are interested in health matters you will enjoy this enrichment. If you are intending to follow a career in medicine, pharmacy, teaching, social work, youth work, counselling – any people facing work, this enrichment will give you the opportunity to increase your confidence working with people, delivering health messages and working as a team.



How long will the enrichment last?

September to July of Year 12.

How much time a week will it involve?

Initial meeting to establish possibilities, followed by a weekly commitment for the duration of a project or health promotion, to include training and delivery. Students will be expected to initiate their own health promotion delivery within the College.



“I have developed my confidence as I am better equipped to approach people and explain key concepts at the heart of mental health.”

Student Health Ambassador

What will it cost?

None – just a willingness to give up some of your time.

Who can sign up?

Students who are interested in health matters, study subjects related to health or plan to study medicine, social work, teaching or other related health care courses at University/in employment.

How do I sign up?

Apply through Tyber message to the Student Development Officers in September/October of Year 12. You can sign up for another enrichment alongside Health Ambassadors.

Mentors in Violence Protection

New for 2021/22



Enrichment Overview

Do you want to be an active bystander challenging behaviours and situations which are inappropriate? Mentors in Violence Prevention (MVP) is one of the longest-running and most widely influential gender violence, sexual harassment and bullying prevention programmes in the world. If you are thinking about a future career in teaching, health and social care or public services, this is an ideal opportunity for you.

You will develop and lead sessions with your peers discussing a range of scenarios. The MVP programme will support you as an active citizen with the ability and capacity to support and challenge situations, attitudes and behaviour in a safe and effective way.

Why choose this enrichment?

You will have the opportunity to discuss current and relevant scenarios with your peers, looking at a range of situations and options which could be taken. Themes could include healthy relationships, online safety, exploitation, mental health, equality and radicalisation.

You will be responsible for planning MVP sessions and scenarios, and working with groups of students who sign up to events you advertise. Leading these sessions will develop your communication, influencing and leadership skills; key skills for future studies or employment.

How long will the enrichment last?

Full year

How much time a week will it involve?

One lesson a week. You may need spend some additional time preparing the MVP session to deliver.

What will it cost?

No cost.

Who can sign up?

Open to everyone but places are limited.

How do I sign up?

Sign up at enrolment. It is not possible to do another enrichment alongside this.

Musical Activities



Enrichment Overview

Musical activities vary each year, but typically involve instrumental and vocal groups that all perform in the various concerts that the music department holds throughout the year. Examples include the College Choir, a Soul Band and various chamber music ensembles. All music students must sign up to this, and all take part in Choir every week as part of their course.

Why choose this enrichment?

This enrichment allows music and non-music students to work together, as well as giving the opportunity for non-music students to use the music facilities at Solihull. Successful bands/groups will have the opportunity to perform at some of the high profile college events.

How long will the enrichment last?

September - April.

How much time a week will it involve?

One lesson a week, plus rehearsals and evening performances.

What will it cost?

No cost.

Who can sign up?

Music and non-music students who can play an instrument or sing and can read stave notation.



How do I sign up?

At enrolment, but if you miss signing up, speak to the Music teacher. It is not possible to do another enrichment alongside this.

Netball

Enrichment Overview

The Netball team is an all year activity, which provides the opportunity for students to play within an organised College football league.



Why choose this enrichment?

This enrichment gives you the opportunity to develop yourself physically, socially and emotionally. You will develop your teamwork and communication skills along with the organisation needed to balance training, game preparation and academic work.

How long will the enrichment last?

The enrichment takes place between August and May with league fixtures weekly.

How much time a week will it involve?

The commitment is for 5 hours per week which is a mixture of training and game time.

What will it cost?

There are no costs to participate, however there may be options to purchase Teamwear within the year.

Who can sign up?

The Netball team is aimed at female players with previous experience of playing within an organised league and club environment. However, those students demonstrating the potential to develop to the levels required within the trials will be offered a place within the training squad.

How do I sign up?

Trials take place following enrolment and attendance is compulsory for those students wishing to be selected. It is not possible to do another enrichment alongside this.



Pre-Medical School



Enrichment Overview

The Pre-Medical school is an enrichment activity designed to support students who have serious and realistic aspirations to study medicine at university. Through a series of lectures, visits and practical activities, students will strengthen their understanding of the medical profession and develop a greater appreciation of the essential skills and relevant experience required for a successful university application.



Activities undertaken as part of this academy include group sessions on topics relating to medicine and the NHS, university masterclasses, visiting speakers and problem-based learning activities. Partner universities include Aston, Birmingham, Keele, Leicester and Liverpool. Places are limited and successful applicants are encouraged to take an Extended Project Qualification (EPQ) in a relevant medically-related field.

Why choose this enrichment?

Experience gained during this enrichment will give you a detailed insight into the skills and knowledge required to make a successful application to study medicine.

How long will the enrichment last?

4 terms

How much time a week will it involve?

One lesson per week plus visits to universities etc.

What will it cost?

Attempts are made to keep costs to a minimum. There will be occasional transport costs.

Who can sign up?

Students with a GCSE profile matching entry requirements for medical school (Averaging around grade 7-9).

How do I sign up?

Sign up at enrolment. Membership is then assigned via a selection process. There are only 30 places and it is always oversubscribed. It is not possible to do another enrichment alongside this.

Psychology Research School



Enrichment Overview

Psychology students who join this specialist enrichment will have the opportunity to work with psychology professionals / researchers and visit universities. This opportunity gives students the chance to investigate the science behind psychology. In the first instance, students will investigate famous scientific studies and their methods of research; then students will develop their own research project. This enrichment leads to an Extended Project Qualification (EPQ), giving students the chance to boost their university application with extra UCAS points.

If you are interested in continuing to study Psychology (or a combined degree such as Psychology and Criminology) then the Psychology Research School will be very useful for you.

Why choose this enrichment?

The Psychology Research School will equip you with many transferable skills. Such as:

- Develop knowledge beyond A level Psychology
- Grow your communication skills
- Develop the ability to research
- Refine your critical thinking
- Improve your employability

The Psychology Research School

will give you a real insight into

how psychologists gather data and use it to formulate general laws of human behaviour. You will also get the chance to conduct your own psychological experiment. In previous years students have investigated:

- Why do we Dream
- Does the media cause eating disorders
- What is the impact of fame on child stars

How long will the enrichment last?

September 2021 - May 2022.

How much time a week will it involve?

One lesson and termly visits by speakers and university trips.

What will it cost?

The trip to Warwick university costs £25. Students are asked to contribute to travel costs to universities.

Who can sign up?

Year 12 Psychology students

Students who are interested in studying a Psychology related degree at University. This can include Criminology, Forensic Psychology and combined degrees with Psychology components.

How do I sign up?

Initial interest logged during Year 12 enrolment, then students are required to write a short essay about Psychology in the news based on specific criteria. This is a competitive process. It is not possible to do another enrichment alongside this.

THE UNIVERSITY OF
WARWICK

Road Map to Employment

New for 2021/22



Enrichment Overview

Led by a member of the Careers team, this enrichment takes the form of a series of workshops with 6-8 students, which will help students who are seeking employment to be able to:

1. Identify suitable job roles and employers
2. Submit quality applications in line with the employer's requirements
3. Prepare for interviews and assessment centres
4. Secure a desired role
5. Be ready to start the role

The content will support students who are seeking employment for any reason, including seeking full-time employment or apprenticeship after college seeking work experience that will support their chosen university course or seeking part-time employment alongside their studies

The workshop topics are:

- Understanding your employment needs
- Exploring possibilities (including job hunting process)
- Applying for a role
- Preparing for an interview
- Preparing for an assessment centre
- Getting ready to start a role

The workshops will last between 1 - 2 hours, depending on the complexity of the topic. Some workshops will require the students to do some preparation in advance (e.g. internet research).

Why choose this enrichment?

This enrichment will help develop the knowledge and skills needed to successfully and confidently apply for and secure employment. These are critical skills that will benefit students through their working life.

How long will the enrichment last?

The enrichment would run for selective student interest groups throughout the year.

Term 1: 1st half term – Year 13 Employment Seekers (Group 1); 2nd half term - Year 12 Students seeking work experience / part time jobs (Group 1).

Term 2: 1st half term – Year 13 Employment Seekers (Group 2); 2nd half term - Year 12 Students seeking work experience / part time jobs (Group 2).

How much time a week will it involve?

1-2 hours.

What will it cost?

No cost.

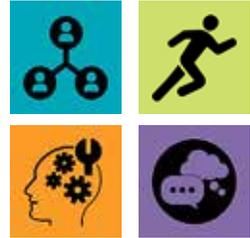
Who can sign up?

See targeted groups above. Open to all.

How do I sign up?

Via Coaching Class or referral by Coach / Self-Referral. You can sign up to another enrichment alongside Road Map to Employment.

Rugby with Birmingham Moseley Rugby Club



Enrichment Overview

The Rugby team is an all year activity, which provides the opportunity for students to play within an organised College Rugby league.

Why choose this enrichment?

This enrichment gives you the opportunity to develop yourself physically, socially and emotionally. You will develop your teamwork and communication skills along with the organisation needed to balance training, game preparation and academic work.



How long will the enrichment last?

The enrichment takes place between September and May with league fixtures weekly.

How much time a week will it involve?

The commitment is for 5 hours per week which is a mixture of training and game time.

What will it cost?

There are no costs to participate, however there may be options to purchase Teamwear within the year.

Who can sign up?

The Rugby team is aimed at those with previous experience of playing within an organised league and club environment. However, those students demonstrating the potential to develop to the levels required within the trials will be offered a place within the training squad.

Rugby is open to both males and females for training. Fixtures are for the male team only, however through the link with Birmingham Moseley there are opportunities for females to seek playing time through the Club.

How do I sign up?

Trials take place following enrolment and attendance is compulsory for those students wishing to be selected. It is not possible to do another enrichment alongside this.

Social Sciences Academy



Enrichment Overview

This is an opportunity for A Level Economics, A Level Politics, A Level Sociology and Level Three Diploma Criminology students to examine topical issues at a greater depth than is possible on your course, and to complete an Extended Project in an area of particular interest to you that takes you beyond the specification of your course. If you join this course you will be working in conjunction with members of the Social Sciences team at the College and lecturers from local universities.

Why choose this enrichment?

The course will make you even more marketable to university admissions tutors and will improve your curriculum vitae. Moreover, it will help you to explore your subject in great depth, so that you will get more out of your A Level course and further develop your skills.

How long will the enrichment last?

This is a full year course, as you will be working on your extended project and participating in a variety of Stretch and Challenge sessions.

How much time a week will it involve?

One lesson a week for the main session and approximately 2 hours a week of independent study in completing your Extended Project Qualification.



What will it cost?

There may possibly be some local transport costs as we often travel to one of the local universities for master classes.

Who can sign up?

This course is for students intending to study Economics, Politics, Sociology, Criminology or a related subject at a competitive university.

How do I sign up?

You can apply to join this course at enrolment if you have a strong set of GCSE results and would like an additional challenge. Places are limited and there will be a selection process to decide which students can join the group.

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Sport for Leisure

New for 2021/22



Enrichment Overview

These sessions are recreational sport and physical leisure activities ranging from Badminton, 5-a side football, Table Tennis, Fitness, Basketball and many others. They occur across the middle of the day on at least two days per week.

Why choose this enrichment?

Sport for Leisure enrichment activities provide students the opportunity to take part in a range of supervised activities. Students will develop new friendships and have a physical outlet in which they have fun whilst being active.

How long will the enrichment last?

These sport activities will occur from September - July.

How much time a week will it involve?

Sessions will be 55 mins with a minimum of 4 occurring within the week and will be a range of different activities.

What will it cost?

No cost.

Who can sign up?

All students can participate and are encouraged to do so.

How do I sign up?

Sign up when the sports are advertised. You can sign up to another enrichment alongside Sport for Leisure.



Sports Leadership (Level 2 Award)

Enrichment Overview

The Level 2 Sports Leaders course is a recognised qualification which allows participants the opportunity to gain experience and skills of planning and leading sports activities. The course has a combination of practical and theoretical assessment which needs to be completed to a sufficient level to be certificated.



Why choose this enrichment?

The Level 2 Award in Sports Leadership will give learners the chance to develop their organisation, motivation and communication skills, whilst also focusing on positive role models in sport, how to mentor others, and how to use leadership skills in a variety of settings.

How long will the enrichment last?

The course runs from September to April.

How much time a week will it involve?

Students attend the course for one lesson per week. Students must also complete 10 hours of voluntary work to demonstrate their leadership skills.



What will it cost?

There are no costs for the actual course, but there may be costs for travel depending on how the voluntary hours are met.

Who can sign up?

Anyone looking to work in the sports industry or to work with children. The course is particularly beneficial to A Level PE students interested in becoming teachers or coaches. BTEC Sport students take this enrichment as part of their pathway.

How do I sign up?

At enrolment. You can sign up for another enrichment alongside Sports Leadership.

STEM Programme

New for 2021/22



Enrichment Overview

The STEM enrichment is an opportunity for students to further develop their skills and passion for Science, Technology, Engineering and Maths. Students will work towards achieving the gold CREST award alongside exciting trips and visits. CREST is the British Science Association's scheme for STEM project work that inspires young people to think and behave like scientists and engineers. This is an independent project highly regarded by Universities and Employers in STEM subjects. It will give students the chance to explore areas of STEM that are not on the specifications of their subjects. At points within your project there will be opportunities to gain support from academics at Sheffield University's Engineering department.

Throughout the year, you will also have opportunities for trips and visits.

This enrichment is open to all Science and Maths students and we particularly welcome female students as they are underrepresented in STEM careers.

Why choose this enrichment?

You will enrich and broaden your experiences of STEM, outside of your subject specification. You will develop research, critical thinking and practical skills. By completing the project you will be able to demonstrate you can work independently and are self-motivated.

How long will the enrichment last?

Full year

How much time a week will it involve?

One lesson. You will be expected to work independently on your project outside of lesson time.

What will it cost?

There may be some costs to cover travel for trips and visits.

Who can sign up?

Open to all students who study an A level or BTEC in Science or Maths.

If we have high numbers of interest we may go through a selection process.

This enrichment is open to all Science and Maths students and we particularly welcome female students as they are underrepresented in STEM careers.

How do I sign up?

At enrolment. It is not possible to do another enrichment alongside this.

Stretch & Challenge Programme



Enrichment Overview

The Stretch and Challenge enrichment provides extensive support and guidance for students applying to Russell Group universities including Oxford and Cambridge.

It consists of:

- a parents evening for students and parents/carers who may have little experience of the university application process
- preparation for university tests and interviews
- support with personal statements
- extra support for first generation university applicants applying to competitive courses
- a place on the Stretch & Challenge Summer School in June
- extension work opportunities
- access to Moodle website with links, activities and aptitude tests which will strengthen applications to university
- a specific programme for those students considering applying to Oxford or Cambridge (Students interested in medicine should also ensure they have signed up to the Pre-Medical School.)

Why choose this enrichment?

This enrichment aims to make students aware of aspirational university options early on in their time at college so that they can apply to summer schools and masterclasses at the earliest possible opportunity. It provides a community and support basis for students who enjoy academic pursuits and encourages students to stretch and challenge themselves by helping them access resources and events beyond their classroom lessons.

How long will the enrichment last?

December of year 12 until January of year 13

How much time a week will it involve?

This will vary from month to month where sometimes just attendance at a meeting might be expected. All participants are expected to attend the Stretch and Challenge Summer School in June and if a student decides to apply for a competitive course or university such as Oxford or Cambridge, there will be an expectation that they dedicate a lot of their independent study time to their application.

What will it cost?

None other than optional trips.

Who can sign up?

There is a recruitment process for the Stretch and Challenge Programme. Usually students will need to have a very good GCSE profile of strong passes and an academic record would contain evidence of:

- unwavering enthusiasm and interest in their subject and other academic pursuits.
- being proactive and independent.
- having the desire to seek out wider reading and research opportunities.
- taking part in some sort of extracurricular activity – this could be the Extended Project Qualification or wider reading or work experience.

How do I sign up?

Students with a strong GCSE profile are invited to a meeting in December to address the key commitments of the programme and are invited to attend subsequent events. For the Stretch and Challenge Summer School in June, interested students sign up via Moodle in May of Year 12. You can sign up for another enrichment alongside the Stretch & Challenge Programme.



Student Council



Enrichment Overview

Speaking to senior members of staff and relaying student voice to create a better College environment for all.

Why choose this enrichment?

You will gain communication, time management and leadership skills while connecting to a wide range of professionals in college. Supporting events and ensuring student voice matters!

How long will the enrichment last?

This is a 2 year commitment.

How much time a week will it involve?

Weekly 1 hour meetings and additional hours when supporting student events.

What will it cost?

No cost

Who can sign up?

Open to all students

How do I sign up?

Applications are given out in October which is followed by interviews where you will be elected by fellow students. Information about applications will be advertised by your Academic coaches and around College. You can sign up for another enrichment alongside Student Council.

"I joined the Council because I wanted to get more involved with my college. This has been an opportunity for me to lead a team and work together to make student life better! I'm being listened to and issues raised by students are very quickly dealt with. With the Council, I got to organise events, hold charities and host many activities that made life at college very fun! I've gained great communication, leadership, organisation and team-working skills!"

Student Janvie Miah, Chair of Student Council

Student Magazine

New for 2021/22



Enrichment Overview

We will be producing a student-led and written termly magazine. The content will be driven by the editorial team, working with the English department. We also hope to work with a number of outside experts who will conduct sessions on different aspects of journalism. This is a real opportunity to be a member of our first editorial team and drive the direction of the publication. We're looking for writers, graphic designers, photographers, web designers - anyone who wants to contribute!

Why choose this enrichment?

This enrichment is particularly relevant if you are interested in a career in journalism, marketing, advertising etc. or if you enjoy writing, but prefer non-fiction writing to more literary forms. You don't need any previous experience – just enthusiasm.

How long will the enrichment last?

Full year.

How much time a week will it involve?

One lesson, but you may want to put in additional time, particularly around publications deadlines.

What will it cost?

No cost.

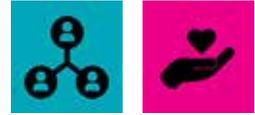
Who can sign up?

Open to all.

How do I sign up?

At enrolment - but if you miss signing up at enrolment, talk to a member of the English team. It is not possible to do another enrichment alongside this.

Student Societies



Enrichment Overview

Students can choose to set up their own societies if there are enough students who show interest. Recent societies have included LGBTQ+ Society, Debate and Public Speaking Society, Editing Society, Anime and Manga Society and Race and Culture Society. There are different activities depending on the nature of the society. More societies can be created if there is enough interest. Each society also creates at least one charity event during the year.

Why choose this enrichment?

Great way to meet new students, develop new interest and skills and be a part of the wider college community.



How long will the enrichment last?

Full year (depending on student interest).

How much time a week will it involve?

Can attend as often as you would like. Each society lasts approximately one hour.

What will it cost?

No cost.

Who can sign up?

Open to all students.

How do I sign up?

Speak to the Student Development intern based in Hampton building, Room H231. You can sign up for another enrichment alongside Student Societies.



“I saw societies as a way to make friends by bonding over something you all shared a common interest in.”

Student Muhammed Lone

Teaching Academy

New for 2021/22



Enrichment Overview

This specialist enrichment activity is open to all students who are interested in a teaching career. Students will benefit from a bespoke teaching programme that has been tailored to provide students with both academic and vocational knowledge of teaching practice. Essentially you will learn some of the building blocks of how to teach. This is a brand-new enrichment and will be delivered in partnership with South Birmingham College Teaching School and the Summit Trust.

Why choose this enrichment?

If you are considering teaching for your career progression, this enrichment will be extremely useful. You will gain knowledge of teaching practice and participate in work experience or school-based visits. There is also the opportunity to complete an Extended Project – a qualification highly valued by universities.

How long will the enrichment last?

Full year.

How much time a week will it involve?

1 period a week for the main session and 1-2 hours a week of independent study in completing your Extended Project Qualification.

What will it cost?

There may be possible costs for local travel and events. A clear DBS 'Disclosure and Barring Service' may also be needed. The cost of the DBS is approximately £60.00 and details of how to pay will be provided.

Who can sign up?

This course is for all students studying any subject discipline who has an interest in becoming a teacher in the future.

How do I sign up?

At enrolment. It is not possible to do another enrichment alongside this.

Team Gambia

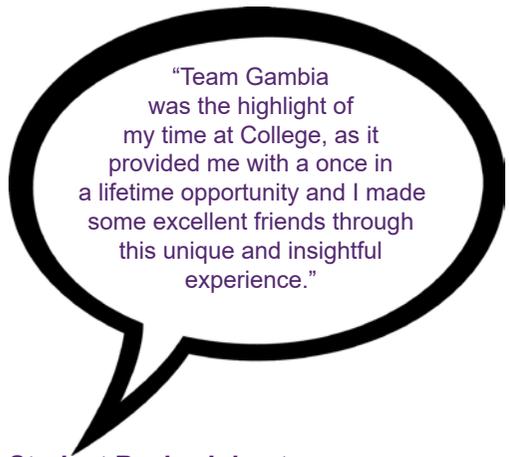
Enrichment Overview

This project involves a visit to The Gambia in West Africa to complete voluntary work in a primary school in Abuko on the outskirts of Banjul. Students will improve their communication skills, develop confidence and the ability to work successfully as part of a team.



Why choose this enrichment?

Students from previous trips always say it's the best thing they have ever done – an experience that money cannot buy. The fundraising is a challenge but being able to see the difference that it makes to children's lives, makes it more than worthwhile. They love teaching the children in the school, being a part of Gambian culture and getting to know each other well is the added and unexpected bonus.



Student Becky Johnston

How long will the enrichment last?

One week in either November or December 2022.

How much time a week will it involve?

Regular meetings with lead staff in relation to planning for the trip (approximately 12 meetings in the January to November period). In addition, there is a considerable individual time commitment for fundraising and preparing teaching materials.

What will it cost?

The trip costs approximately £990 per student plus approximately £75 for vaccinations/anti-malaria tablets. In addition, students are expected to fundraise at least £400 each (from January - November) to improve teaching facilities and sanitation at the school and pay teachers' salaries.

Who can sign up?

Places are available for up to 30 enthusiastic Year 12 Students, who are interested in learning more about life in a developing country. You can register your interest by emailing Janice Hamilton, Vice Principal.

How do I sign up?

Students will be invited to a meeting in January 2022. The 30 places will be allocated on a first come first served basis. You can sign up for another enrichment alongside Team Gambia.



Theatre-in-Education Company



Enrichment Overview

The Drama enrichment is a unique opportunity to work as a theatre company and experience producing a production for public performance. Last year, our company participated in the NT Connections Festival collaborating with both The National Theatre and Nottingham Playhouse. This enrichment will involve developing performance and/or design skills to a live brief where you will work as young professionals to create imaginative and bold theatre.

Why choose this enrichment?

The experience is just the sort of challenge universities and employers value highly, for budding Drama students or creatives alike. You will also develop a range of transferable skills, such as teamwork, public speaking, leadership and problem solving. It is an opportunity to develop your creativity by taking on a production role such as a costume designer, technical designer, director or performer.

How long will the enrichment last?

October – July

How much time a week will it involve?

One lesson with some post-4.00pm rehearsals where necessary.

What will it cost?

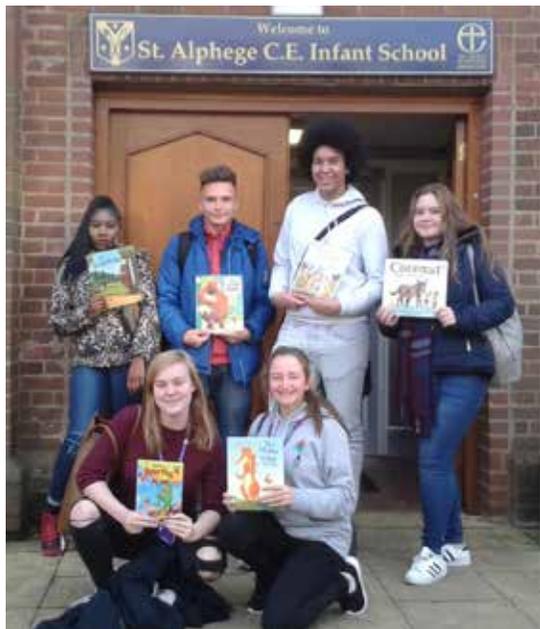
Approximately £25 per person (if participating in The National Theatre Connections Festival or a similar project)

Who can sign up?

The opportunity is best suited to students seeking to progress to competitive HE courses in the Performing Arts and other creative subjects. However, we would also encourage students who have an interest in the theatre to join.

How do I sign up?

At enrolment. It is not possible to do another enrichment alongside this.



Visual Arts Academy



Enrichment Overview

The Visual Arts Academy is a Qualification Enrichment. Year 12 students will gain an EPQ qualification which is assessed at A Level standard and can contribute towards university and employment applications. Students will produce a piece of independent work based on any aspect of the Visual Arts. Students may choose to work on specialisms such as Architecture, Painting, Ceramics, Textiles, Fashion Design, Photography etc. Students are encouraged to be creative and innovative. The work completed cannot be connected to any aspect of their A Level subjects.

Why choose this enrichment?

What our students say:

“The Visual Arts Academy really aided the progression of my college studies as it allowed me to explore an area of art that was not included in my BTEC Course and that I had always wanted to pursue. Not only did the course fulfil that intention, but it taught me such skills as preliminary research and methods of presentation and communication that I have used in my work since and will continue to utilise, especially at university.” - Nina Dredger (BTEC Art & Design)
Destination: Goldsmiths, University of London - BA (Hons) Curating



“Visual Arts Academy has given me a chance to explore a totally different style of art which I would've never undertaken otherwise. Having little art experience from school, I took on a project which I always wanted to explore; illustrating a manga. Visual Arts Academy has allowed me to work more independently and has offered me opportunities to enhance key skills that are particularly significant in universities and in future generally. Skills such as analytical and communication skills as well as gathering, analysing, and interpreting information.” - Rimsha Rafique (Graphics)
Destination: BA (Hons) Criminology - University of Birmingham

“Researching the process of Art Therapy in my EPQ project elevated my passion for creativity. Through my deep understanding of the way that creative practice has many benefits for our mental health, I applied this to my Art A-level which enabled me to enjoy the meaningful process of art as well as appreciating the outcome of my work.” - Lauren Royall (Fine Art)
Destination: Foundation in Art and Design - Leeds Arts University

Case Study examples:

Case Study 1: This course is ideal for Y12 students aspiring to study Architecture at University as these courses require a portfolio alongside qualifications.

Case Study 2: This course is fantastic for Y12 students who have not studied/achieved a Visual Arts GCSE but would like to embarking on a Visual Arts investigation in a specialism of choice.

Case Study 3: This course would provide an excellent opportunity for a Y12 student studying an Arts course but wish to develop work for portfolio that is not covered in the Visual Arts A Levels we offer.



How long will the enrichment last?

EPQ – Starts in September and completed in Year 12.

How much time a week will it involve?

1 lesson per week and independent study - to take place in the 'Enrichment' slot of the timetable.

What will it cost?

Students will need to pay for costs of sketchbooks, printing and other specialist materials. The Visual Arts department sell most materials needed at a reduced cost.

Who can sign up?

All Year 12 students (both A level and BTEC).

How do I sign up?

When you attend your enrolment interview in August you will be able to add the Visual Arts Academy EPQ to programme of study. It is not possible to do another enrichment alongside this.

Volunteering

Enrichment Overview

Individuals who freely give their own time and energy to help others are always highly regarded. This may take the form of:

- Raising money for a charity
- Working for a charity
- Being a College Health or Charity Ambassador
- Being a mentor to other students or pupils
- Joining the College's Team Gambia volunteer project



Taking a leadership role is especially valued, in the scouts, guides or similar organisations. Students completing 100 hours of Service to Others during two years of College will be eligible for College Colours. A bursary fund known as the Kitson Award is available for students planning to volunteer overseas and offers a small financial contribution to successful applicants.



Why choose this enrichment?

Volunteering can be immensely satisfying and provides a great opportunity to develop new skills and make new friends. Anyone planning a career involving working with people would benefit greatly from experience of volunteering. Reflections relating to such activities make a positive contribution to personal statements and job applications.

How long will the enrichment last?

Variable, depending on the nature of the activity

How much time a week will it involve?

Variable

What will it cost?

Depends on the organisation or event.

Who can sign up?

All students

How do I sign up?

Students should contact their Academic Coach or a Student Development Officer (SDO). You can sign up for another enrichment alongside Volunteering.

Choosing Your Enrichments

When deciding which enrichments you want to pursue, make sure you know how to sign up and whether it's possible to combine the enrichment with other options. Due to time commitments and timetabling, some options need to be chosen in isolation, meaning you cannot do more than one enrichment. These are highlighted with a pink cross in the second column of the table below.

Enrichment	Sign Up at Enrolment	Can Sign Up to Other Enrichments	Sign Up When Advertised
ABRSM Music Theory	✓	×	
Basketball	✓	×	
Beginners Spanish	✓	×	
Choir	✓	×	
Core Maths	✓	✓	
Creative Writing	✓	×	
Cricket	✓	×	
CSI Solihull	✓	×	
English Academy	✓	×	
Extended Project Qualification	✓	✓	
Football	✓	×	
Health Ambassadors	×	✓	✓
Mentors in Violence Protection	✓	×	
Musical Activities	✓	×	
Netball	✓	×	
Pre-Medical School	✓	×	
Psychology Research School	✓	×	
Road Map to Employment	×	✓	✓
Rugby	✓	×	
Social Sciences Academy	✓	×	
Sport for Leisure	×	✓	✓
Sports Leadership	✓	✓	
STEM programme	✓	×	
Stretch & Challenge	×	✓	✓
Student Council	×	✓	✓
Student Magazine	✓	×	
Student Societies	×	✓	✓
Teaching Academy	✓	×	
Team Gambia	×	✓	✓
Theatre-in-Education Company	✓	×	
Visual Arts Academy	✓	×	
Volunteering	×	✓	✓

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