

BTEC Extended Diploma Sport

(3 A level equivalent course)

Why study BTEC Sport?

- The BTEC in Sport allows learners to gather a rich and diverse appreciation of a whole range of theoretical and practical knowledge.
- Learners can get a real-life feel of the multi-disciplinary nature of the subject area as they constantly apply their learning to both themselves, elite performers, coaches and practical situations.
- The range of vocational assessments – both practical and written – means that students can showcase their learning and achievements to the best effect when they take their next step, whether that is supporting applications to higher education courses or potential employers.



Why study BTEC Sport at Solihull Sixth Form College?

- Learners will have the opportunity, through a range of experiences, to interact with their peers, primary schools and external local sport stakeholders through their work as Sports Leaders.
- Learners also have the opportunity to play within the AoC Colleges leagues in regional and national level competition by being part of the successful and highly coached teams who train and play weekly.
- A variety of teaching methods and learning experiences will be used ranging from classroom-based activities through to visiting specialist speakers.

Case Study

Among the recent successful learners to have taken this course is **Alana-Mai White**.

She came to the College from Light Hall School and chose to study BTEC Sport.

She achieved the top mark of Triple Distinction* on the course and earned entry to the University of Worcester to continue her Sport studies at degree level.



“I enjoyed the independent learning aspect of study at College, which was aided by support from my teachers, who provided constant constructive feedback.”

- student Rosie Kirsch



Course Outline

Learners will study a range of units across the two years of the course; typically they would include a combination of units with a theoretical or practical base. A brief selection of unit titles is shown below:

- **Unit 1 - Anatomy & Physiology (external - examination)**
- **Unit 2 - Fitness Training & Programming for Health, Sport and Well Being** (external – supervised case study assessment)
- **Unit 3 - Professional Development in the Sports Industry** (internal assessment)
- **Unit 4 - Sports Leadership** (internal assessment)
- **Unit 5 - Application of Fitness Testing** (internal assessment)
- **Unit 6 - Sport Psychology** (internal assessment)
- **Unit 7 - Practical Sports Performance** (internal assessment)
- **Unit 8 - Coaching for Performance** (internal assessment)
- **Unit 9 - Research Methods in Sport** (internal assessment)
- **Unit 11 - Research Project in Sport** (internal assessment)

- **Unit 18 - Work Experience in Active Leisure**
- **Unit 19 - Developing and Provision of Sport and Active Leisure Industry** (external – supervised case study assessment)
- **Unit 22 - Investigating Business in the Sport and Active Leisure Industry** (external – supervised case study assessment)
- **Unit 23 - Skill Acquisition** (internal assessment)

Assessment

Internal Assessment (58 %)

External Assessment (42%)

Examining Board – Pearson.

Most units will consist of two or more assignments set in context by teachers. Some will involve practical activities; others will involve study and research from books and the internet.

Special Entry Requirements

Standard BTEC entry requirements apply - www.solihullsf.ac.uk/courses/entry-requirements. All students are expected to undertake a period of vocational work experience. A clear DBS 'Disclosure and Barring Service' may be needed depending on the nature of the placement. The cost of the DBS is approximately £68.00 and if it is needed then you are responsible for this payment (details of how to pay will be provided).

Prohibited Options

None.

What do our learners go on to do?

The qualification carries UCAS points and is recognised by higher education providers as meeting admission requirements for many relevant specialist courses, for example:

- BSC (Hons) in Sport, Physical Education and Coaching Science, which could lead to job roles as a community sports coach or a physical education (PE) teacher, for example.
- BA (Hons) in Sports Studies and Development, which could lead to job roles as a sports development officer for a National Governing Body or County Sports Partnership, for example.
- BA (Hons) in Sport Development and Management, which could lead to job roles in sports management positions in Community Sports Partnerships or Sports Facilities, such as 5-a-side football centres or in National Governing Bodies, for example.

Work Placement

On this course you will be expected to undertake a work experience placement in both the first and the second year, the purpose of which is to gather information and insights about the workplace, which can be included in your College assignments. Work placements also help develop your employability skills. By the end of the course, you will have gained relevant skills and have a CV with cover letter along with a LinkedIn account. Joining LinkedIn will offer you career opportunities now and will assist your long-term career aspirations, as your profile will be accessible by thousands of prospective employers. Throughout your time at college, you will use the LinkedIn account to record all of your activities including work experience, any part time paid employment and gain access to relevant professional links.

Cost Implications

None

Complementary Subjects or Enrichment Courses

Embedded into the BTEC Sport course, learners will complete units relating to the Level 2 Sports Leaders Award and there will be opportunities to work within the local area supporting primary school sport. Learners must enjoy the practical elements of this course as well as being prepared for a considerable amount of theory and the regular handing-in of coursework.

Examination Results

In the past two years, this course has seen high levels of achievement:

Year	Pass Rate %	Merit and above%
2022	100%	97%
2023	100%	100%

Contact

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