

SOCIAL KITCHEN

• BY ASPENS •

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SO
GLOBAL

Pasta Pomodoro

Wholewheat penne with the ultimate roasted tomato sauce



All Day Breakfast

Grilled Halal chicken sausage, tomato, egg, hash brown, beans & wholemeal toast

Roast Halal Beef

Served with mash & seasonal vegetables or in a giant Yorkshire wrap

Chicken Makhani

Marinated Halal chicken thigh pieces in a buttery curry sauce with spiced rice



Fish & Chips

Fiery battered fish fillet with chips & crushy peas



SO
VEGGIE

Quorn Meatballs

Spicy tomato ragu with wholewheat spaghetti

All Day Breakfast

Grilled veggie sausage, tomato, egg, hash brown, beans & wholemeal toast

Quorn Roast

Served with mash, seasonal vegetables, sage & onion stuffing & gravy

Cauli Jalfrezi

Stir fried cauliflower with Persian spices & dhal



BBQ Pulled Jackfruit Burrito

Louisiana style rice with jackfruit & beans in a flour wrap



SO
DELI

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & panini, hot Halal chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

SO
TEMPTING

Italian Crumble Cake

Winter Sponge

Fruit-Tea Loaf

New York Baked Cheesecake

Giant Lemon Cookie

SERVED WITH SEASONAL VEGETABLES OR SALAD

WEEK ONE

SOCIAL KITCHEN

• BY ASPENS •

w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SO
GLOBAL

Spinach Calzone

Healthy fresh dough filled & folded with spicy tomato sauce & spinach



Beef Lasagne

Halal Beef Bolognese with pasta, cheese with garlic bread

Sausage & Mash

Halal chicken sausage with mash & seasonal vegetables

Shawarma

Marinated Halal chicken, & pickled red cabbage in Khobez with hummus



Fish & Chips

Tempura battered fish fillet with chips & Katsu sauce

SO
VEGGIE

Leek & Mushroom Risotto

Classic risotto served with green leaf salad

Veggie Lasagne

Roasted vegetables with pasta, cheese with garlic bread

Quorn Sausage & Mash

Quorn Sausage with mash & gravy



Quorn Fajita

Marinated Quorn with sliced vegetables, rice & a wheat wrap



Tofu Drunken Noodles

Udon noodles, broccoli & sugar snap peas with Sriracha chilli sauce



SO
DELI

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SO
TEMPTING

Tiramisu Trifle Pot

Winter Fruit Brulee

Apple & Berry Crumble

Mexican Chocolate Pudding

Giant Ginger Cookie

SERVED WITH SEASONAL VEGETABLES OR SALAD

WEEK TWO

SOCIAL KITCHEN

• BY ASPENS •

w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SO
GLOBAL

Mac n Cheese

Baked cheesy pasta with a crunchy topping



Minced Beef Pie

Minced Halal beef & carrots with homemade shortcrust & mash

Halal Roast Chicken

Served with roasties, stuffing & seasonal vegetables

Philly Dogs

BBQ Halal chicken sausage with Memphis slaw, gherkin & American mustard



Fish & Chips

Crispy battered fish fillet with chips & mushy peas

SO
VEGGIE

Quorn Bolognese

Quorn mince with vegetables & wholewheat pasta

Sticky Onion & Cheddar Quiche

Wholemeal pastry with a caramelised onion & cheddar

Quorn Roast

Served with roasties, stuffing, seasonal vegetables & gravy

Vegan Dogs

Loaded veggie hot dogs served with top sliced bun



Kimchi Burger

Spicy chickpea burger with Kimchi & avocado aquafaba mayo



SO
DELI

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SO
TEMPTING

Lemon Drizzle Flapjack

Ginger Sponge with Custard

Chilled Rice Pudding with Caramelised Pineapple

Vanilla & Blueberry Blondie

Giant Oat Cookie

SERVED WITH SEASONAL VEGETABLES OR SALAD

WEEK THREE