

## Unit 3

# Principles of Health and Social Care Practice



Name

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## Values in Health & Social Care Practice

Values are essential

Across the NHS and social care services, the important values that guide practice are:

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## The NHS Values

The NHS Values underpin everything

### NHS values



# The NHS Values

## Independent Learning Task:

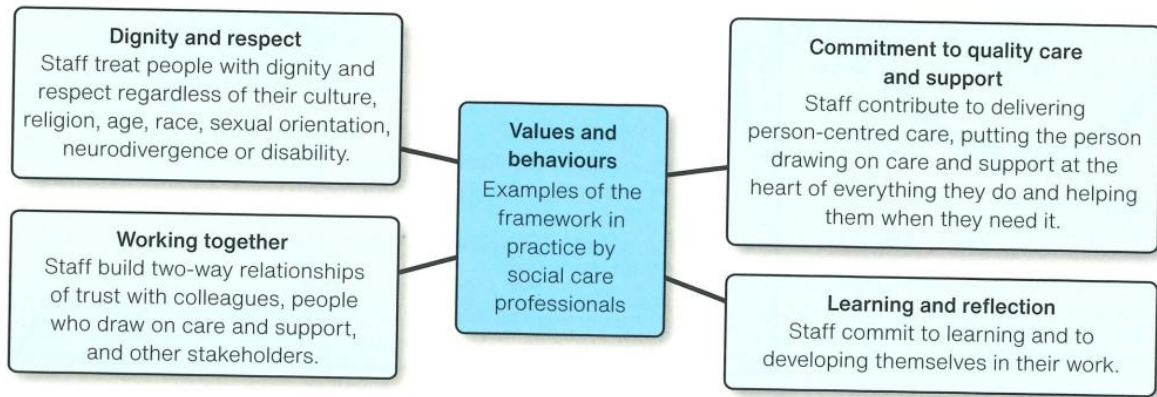
Explore the NHS values further by visiting [www.healthcareers.nhs.uk](http://www.healthcareers.nhs.uk) and search using the term 'The NHS Values'. Think about examples you could give in an interview about how you would demonstrate the values. You may want to think about work experience or any volunteering you have done or experiences from your personal life such as helping friends or family.



### Independent task: The NHS Values

### **Skills for Care Values**

For adult social care workplaces,



## Skills for Care Values

### Independent Learning Task:



Explore the skills for care values and behaviours framework further by visiting [www.skillsforcare.org.uk](http://www.skillsforcare.org.uk) and searching the term 'Example values and behaviours framework'.

Why is it important that adult social care senior management teams and those in charge of recruitment are committed to adopting and using the framework throughout their workplace.

#### Independent Learning Task: Skills for Care Values



## The 6Cs

The 6Cs of care were launched in 2012

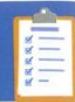
Value	Definition
Care	Looking after and providing for the needs of a person
Compassion	How care is given through relationships based on empathy, respect and dignity
Competence	The ability to understand a person's needs, combined with the expertise, clinical and technical knowledge to deliver effective care and treatments based on research and evidence.
Communication	A value central to successful caring relationships and to effective team working. Listening is as important as what we say. It is essential for 'No decision without me'.
Courage	The personal strength and vision to do the right thing for the people being cared for
Commitment	The determination to improve care and meet the needs of people.

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## The 6Cs

### Independent Learning Task:

#### Case study Valerie's care plan



Valerie is 80 years old and has advanced chronic obstructive pulmonary disease (COPD). She was recently discharged from hospital to a hospice for palliative care. Health and social care staff are working together to deliver the treatment and care plan for Valerie and communicate regularly with her family. Valerie's family have gathered at the hospice to support her.

1. Which of the NHS values do you think will be particularly important for Valerie and her family?
2. How could the 6Cs value of compassion be demonstrated by health and social care staff?
3. How can the hospital and hospice staff work effectively together to demonstrate the NHS value of working together for patients?

### Independent Task: The 6Cs

Case Study: Valerie's Care Plan

1.

2.

3.